

FREE
ONLINE
EXPERT SERIES

MASTERING THE UNKNOWN

How to face emotions, be decisive and lead into a sustainable future.

Time To Get Happy - Lindsey Vertner, from car wreck survivor to creating a life full of purpose, self-care, self-worth, and self-discipline.

We'll talk about:

- Understanding resilience
- How agility is different
- What drives his research and understanding
- Leadership maturity
- An organization's ability to survive and evolve

MASTERING THE UNKNOWN



LINDSEY
VERTNER



HOSTED BY
MELANIE A* SEARS

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SUMMIT

Personal Reflection Questions:

What ways can you start to focus on the positives?

Are there cycles in your life that you know you need to break?

What inner limiting beliefs do you have?

We would love to hear what your favorite tip or takeaway was. Share your thoughts and learning on the Facebook Channel.