FREE ONLINE EXPERT SERIES

MASTERING THE UNKNOWN

How to face emotions, be decisive and lead into a sustainable future.

Christopher Weber-Fürst. Christopher is a certified coach that focuses on supporting women all over the world to find and live from their inner voice

We'll talk about:

- Finding yourself
- Personal development
- Creating awareness
- Reaching a high level of consciousness
- Living to your values

Personal Reflection Questions:

Are there things you can unlearn as an adult?

What core values have you identified in your life?

How can you find meaning in your life?

We would love to hear what your favorite tip or takeaway was. Share your thoughts and learning on the Facebook Channel.